



# 12 Tone Daily Warm-Up

Patricia DiLutis  
Clarinet

## -F major scale (1 flat~Bb)

Start on low F: 4 counts

Press left thumb register key and play the C above: 4 counts

Let go of register key to get back to F: 8 counts

- Remember good embouchure and breath control
- Control left thumb by placing at the center of the cross with register key
- Align right thumb to make it comfortable with the rest of the hand: keep it in line with the hand
- Keep fingers relaxed and spread out, not squeezed and contracted
- Use a mirror to keep track of hand placement
- Notice Patti's minimal embouchure movement through the registers and her thumb on the register key
- The "Donkey" sound is okay in your beginning stages when going from the top to bottom note
- Keep the tongue forward and drop the air slightly to get to the bottom: slur through the shift
- As the notes get higher, your hands do not hold the instrument as much, so use your right thumb to push up toward your embouchure and teeth to keep embouchure firm instead of biting with jaw
- Keep your throat open for the high notes: DO NOT choke your throat in high notes
- Left hand C-G, D-A, E-B, F-C
- Remember forward motion with bottom teeth, push against the reed, and pull up the clarinet
- High notes are easy: DO NOT choke your throat
- Low notes require more embouchure pressure, but high notes should use easy and fast air
- Breath correctly: expand diaphragm muscle, not high in the chest
- Take your time if you need to catch your breath: hit pause, if needed



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F Major Scale

The musical score consists of four staves of music, each representing a different octave of the F major scale. The first staff starts with a treble clef and a box containing the text 'F Major Scale'. The notes are: F4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter). The second staff starts with a treble clef and a measure rest, followed by: F4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter). The third staff starts with a treble clef and a measure rest, followed by: F4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter). The fourth staff starts with a treble clef and a measure rest, followed by: F4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter). Each staff has a measure rest at the beginning and end. The notes are connected by slurs and have stems pointing down.