

Using a Straight Bow

Amy Glidden Violin

Why?

-It sounds the best!

Stance

- -Start with a great violin stance and bow hold with curved fingers
- -Set your bow on the string midway between the bridge and the fingerboard
- -Always keep the bow contact point in the middle

Short Stopped Bow Strokes

- -Try playing an A major scale
- -Start with short staccato or stopped bow strokes

This gives you control and time to check the placement

Bow Arm

- -Keep the bow arm opening and closing from the elbow
- -Try to keep the shoulder relaxed. When it moves or swings, the *bow* will be crooked and the tone will be affected.

Always Check!

Stop every couple of notes to check:

- Good curved fingers on the bow hold
- -Elbow height for the string: keep the elbow at the same level as your wrist

Longer Bow Strokes

- -Always check that everything is straight
- -First, try longer stopped bow strokes
- -Then, try longer and legato strokes

Watch the Tip of the Bow

- -The bottom of the bow is heavier and easier to control
- -When getting to the tip of the bow, add a little more pressure to keep it straight