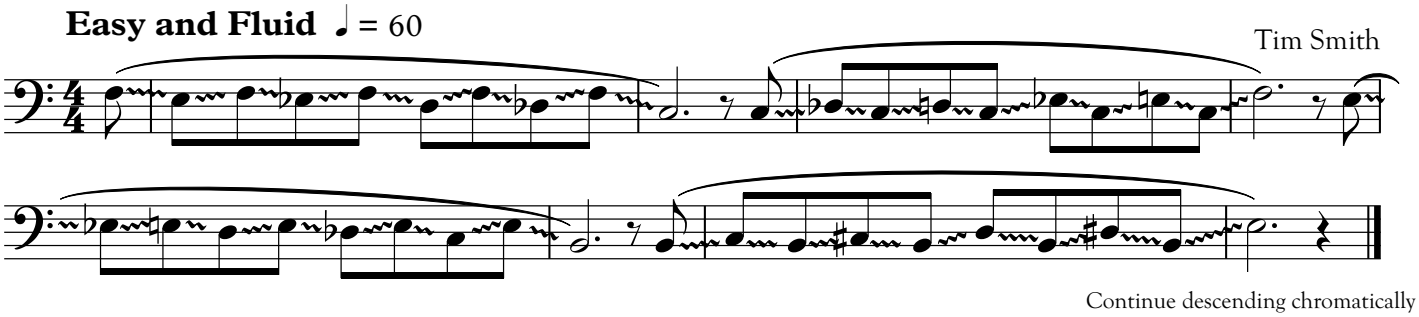
Smear Warmup



This warmup allows the facial muscles to stretch and the slide arm to move
Try starting higher and going even lower: try for one full octave overall
Remember constant air flow and a fluid moving arm